



*Legends since 1900*

**Burwood**  
**RSL CLUB**

## **WEST HARBOUR RUGBY - PRE SEASON 2010**

1) **Pre Season Training continues** for all Club teams on Tuesday and Thursday nights at St Lukes Park at 6.30pm sharp. Our Colts and Grade sides will train together in January before splitting into separate squads in early February. The 1<sup>st</sup> Grade and Senior Academy squads have additional training days as part of their schedule.

2) **The Draw for the 2010 Competition** is on the reverse side of this sheet – the NSWRU Premier Competition will again be played over 22 home and away rounds with a top 6 three week final series. NB The Colts start and finish a week earlier than the Grade competition.

3) **The West Harbour Gym at Concord Oval** is available for all players to use throughout the season. Players must complete a Gym User Registration Form and read the Conditions of Use prior to using the gym. **The Gym is for West Harbour/Wests Juniors use only.** NB you are required to bring and use a towel on the equipment. Please contact the Rugby Office for further information.

4) **The Preliminary Club Pre Season** Schedule appears below:-

Wednesday 20<sup>th</sup> January

**West Harbour RUFC Ltd – Annual General Meeting**

7.00pm at Club Burwood – all welcome

Saturday 30<sup>th</sup> January

**Harbour Cruise** from Abbotsford at 7.30pm. Inclusive tickets are \$65 & available from Rob Hahn

Saturday 13<sup>th</sup>/Sunday 14<sup>th</sup> February

**1<sup>st</sup> Grade/Senior Academy Camp at Terrigal**

Friday 19<sup>th</sup> – Sunday 28<sup>th</sup> February

**Colts New Zealand Tour**

Saturday 27<sup>th</sup> February

**Kiama Sevens & Lake Macquarie Tens**

Saturday 6<sup>th</sup> March

**Cowra Tens**

Saturday 13<sup>th</sup> March

**West Harbour Colts Re Union and Season Launch**

6,00pm in the Concourse Area Concord – Tickets \$60 include 2 course meal, beer, spirits, wine, soft drink & entertainment

**1<sup>st</sup> Grade Squad Training Day at Concord Oval**

Saturday 20<sup>th</sup> March

**Colts/Lower Grade Trials V's Briars at Concord Oval**

**1<sup>st</sup>/2<sup>nd</sup> Grade V's Brumbies Academy in Canberra**

Saturday 27<sup>th</sup> March

**Club Trials V's Eastwood**

Saturday 3rd April

**Premiership Rd22 Colts V' Warringah- Concord Oval**  
**Grade Trials V's Randwick**

Wednesday 7<sup>th</sup> April

**Club Season Launch** (date & venue TBC)

Saturday 10<sup>th</sup> April

**Premiership Rd 1 V's Northern Suburbs**

Grade at Concord Colts at North Sydney No 2

Grade: Stu Woodhouse 0410 500 378

Colts John Lomax 0404 830 277

Gym Clint Hill 0401 904 710

Ben Hall 0410 703 141

Rugby Office: Mark Docking 9745 2461 0407 256 459 mark.docking@westharbourrugby.com.au

**Website: [www.westharbourrugby.com.au](http://www.westharbourrugby.com.au)**



## WEST HARBOUR MATCHES 2010

Date	Round	Opponent	Venue
Saturday, 10 April 2010	1	Northern Suburbs	Concord Oval
Saturday, 17 April 2010	2	Eastern Suburbs	Woollahra Oval
Saturday, 24 April 2010	3	Eastwood	TG Millner Field
Saturday, 1 May 2010	4	Gordon	Concord Oval
Saturday, 8 May 2010	5	Manly	Manly Oval
Saturday, 15 May 2010	6	Sydney University	Concord Oval
Saturday, 22 May 2010	7	Penrith	Nepean Rugby Park
Saturday, 29 May 2010	8	Randwick	Concord Oval
Saturday, 5 June 2010	9	Parramatta	Concord Oval
Saturday, 12 June 2010	WW	Wet Weather Weekend	
Saturday, 19 June 2010	10	Southern Districts	Forshaw Rugby Park
Saturday, 26 June 2010	11	Warringah	Concord Oval
Saturday, 3 July 2010	12	Northern Suburbs	North Sydney Oval
Saturday, 10 July 2010	13	Eastern Suburbs	Concord Oval
Saturday, 17 July 2010	14	Eastwood	Concord Oval
Saturday, 24 July 2010	15	Gordon	Chatswood Oval
Saturday, 31 July 2010	16	Manly	Concord Oval
Saturday, 7 August 2010	17	Sydney University	University Oval 1
Saturday, 14 August 2010	18	Penrith	Concord Oval
Saturday, 21 August 2010	19	Randwick	Coogee Oval
Saturday, 28 August 2010	20	Parramatta	TBC - Parramatta
Saturday, 4 September 2010	21	Southern Districts	Concord Oval
Saturday, 11 September 2010	22	Warringah	Pittwater Rugby Park

Saturday, 18 September 2010	Elimination SF 3 V 6	
Sunday, 19 September 2010	Elimination SF 4 V 5	
Saturday, 25 September 2010	Semi Final 1 V Lowest Ranked Winner	
Sunday, 26 September 2010	Semi Final 2 V Highest Ranked Winner	
Saturday, 2 October 2010	Grand Final	Sydney Football Stadium



## WEST HARBOUR COLTS MATCHES 2010

Date	Round	Opponent	Venue
Saturday, 3 April 2010	22	Warringah	Concord Oval
Saturday, 10 April 2010	1	Northern Suburbs	North Sydney No 2
Saturday, 17 April 2010	2	Eastern Suburbs	Concord Oval
Saturday, 24 April 2010	3	Eastwood	Concord Oval
Saturday, 1 May 2010	4	Gordon	Chatswood Oval
Saturday, 8 May 2010	5	Manly	Concord Oval
Saturday, 15 May 2010	6	Sydney University	St Pauls College
Saturday, 22 May 2010	7	Penrith	Concord Oval
Saturday, 29 May 2010	8	Randwick	Coogee Oval
Saturday, 5 June 2010	9	Parramatta	TBC - Parramatta
Saturday, 12 June 2010	WW	Wet Weather Weekend	
Saturday, 19 June 2010	10	Southern Districts	Concord Oval
Saturday, 26 June 2010	11	Warringah	Pittwater Rugby Park
Saturday, 3 July 2010	12	Northern Suburbs	Concord Oval
Saturday, 10 July 2010	13	Eastern Suburbs	Woollahra Oval
Saturday, 17 July 2010	14	Eastwood	TG Millner Field
Saturday, 24 July 2010	15	Gordon	Concord Oval
Saturday, 31 July 2010	16	Manly	Manly Oval
Saturday, 7 August 2010	17	Sydney University	Concord Oval
Saturday, 14 August 2010	18	Penrith	Nepean Rugby Park
Saturday, 21 August 2010	19	Randwick	Concord Oval
Saturday, 28 August 2010	20	Parramatta	Concord Oval
Saturday, 4 September 2010	21	Southern Districts	Forshaw Rugby Park

Saturday, 11 September 2010

Elimination SF 3 V 6

Sunday, 12 September 2010

Elimination SF 4 V 5

Saturday, 18 September 2010

Semi Final 1 V Lowest Ranked Winner

Sunday, 19 September 2010

Semi Final 2 V Highest Ranked Winner

Saturday, 25 September 2010

Grand Final

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